

SODEXO, INC. : Aetna Choice® POS II - Savings Health Plan

Coverage for: Individual + Family | Plan Type: POS

Coverage Period: 01/01/2024-12/31/2024



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-833-383-2650 to request a copy. For details on your coverage and costs, you can get the complete terms in the Summary Plan Description at <a href="https://www.bodexoBenefitsCenter.com">www.SodexoBenefitsCenter.com</a> or by calling 1-855-668-5040.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In- <u>Network</u> : Individual \$3,000 / Family \$6,000. Out-of-Network: Individual \$6,000 / Family \$12,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>Network:</u> Individual \$8,050 / Family \$16,100. Out-of-Network: Individual \$16,100/ Family \$32,200.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover & penalties for failure to obtain pre-authorization for services.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See <a href="https://www.aetna.com/docfind">www.aetna.com/docfind</a> or call 1-833-383-2650 for a list of in- <a href="https://network.providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All  $\underline{\textbf{copayment}}$  and  $\underline{\textbf{coinsurance}}$  costs shown in this chart are after your  $\underline{\textbf{deductible}}$  has been met, if a  $\underline{\textbf{deductible}}$  applies.

Common Medical Event	Services You May Need	What You In-Network Provider (You will pay the least)	u Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None
If you visit a health care <u>provider</u> 's office or clinic	Specialist visit  Retail Health Clinic	Deductible, then 20% coinsurance  Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge Deductible, then 50% coinsurance of negotiated charge	None None
If you visit a health care <u>provider</u> 's office or clinic	Preventive care /screening /immunization	No charge	No charge	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None
If you have a test	Imaging (CT/PET scans, MRIs)	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None

If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.aetnapharmacy.c om/standard	Generic drugs	Deductible, then 20% coinsurance	Not covered	Covers 30 day supply (retail), 31-90 day supply
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.aetnapharmacy.c om/standard	Preferred brand drugs	Deductible, then 20% coinsurance	Not covered	(mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives in-network. Certain prescriptions require precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics; cost difference penalty doesn't apply to deductible or out-of-pocket limit. Maintenance drugs- after two retail fills, members are required to fill a 90-day supply at CVS
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.aetnapharmacy.c om/standard	Non-preferred brand drugs	Deductible, then 20% coinsurance	Not covered	Caremark® Mail Service Pharmacy or CVS Pharmacy.

If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.aetnapharmacy.c om/standard	Specialty drugs	Deductible, then 20% coinsurance for 90 day supply (retail & mail order)	Not covered	Covers 90 day supply. All prescriptions must be filled through the Aetna Specialty Performance Pharmacy Network.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None
If you have outpatient surgery	Physician/surgeon fees	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None
Orthopedic Surgery	Orthopedic Surgery (Aetna)	Certain joint replacements and Spinal fusion surgery: No Coverage*  Other orthopedic procedures: Deductible, then 20% coinsurance	Certain joint replacements and Spinal fusion surgery: No Coverage*  Other orthopedic procedures: Deductible, then 50% coinsurance of negotiated charge	*Carrum Health providers must be used for these surgeries
	Orthopedic Surgery Benefit (*Carrum Health)	If eligible, covers all medical costs incurred and related to the surgery after deductible	Not Covered	Certain orthopedic and spinal procedures are covered at 100% (deductible and coinsurance waived) when received through the Carrum Health surgery benefit. Contact Carrum Health at 888-855-7806 or visit carrum.me/sodexo for more information
If you need immediate medical attention	Emergency room care	Deductible, then 20% coinsurance	Deductible, then 20% coinsurance	To be used for unexpected, urgently required services; Copay waived if admitted

If you need immediate medical attention	Emergency medical transportation	Deductible, then 20% coinsurance	Deductible, then 20% coinsurance	Out-of- <u>network</u> emergency use paid the same as in- <u>network</u> . No coverage for non-emergency transport.
If you need immediate medical attention	<u>Urgent care</u>	Deductible, then 20% coinsurance	Deductible, then 20% coinsurance	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	Penalty of \$500 for failure to obtain <u>pre-authorization</u> for out-of-network care.
If you have a hospital stay	Physician/surgeon fees	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office & other: <u>Deductible</u> , then 20% <u>coinsurance</u>	Office & other:  Deductible, then  50% coinsurance of negotiated charge	None
If you need mental health, behavioral health, or substance abuse services	Inpatient services	<u>Deductible</u> , then 20% <u>coinsurance</u>	Deductible, then 50% coinsurance of negotiated charge	Penalty of \$500 for failure to obtain <u>pre-authorization</u> for out-of-network care.
If you are pregnant	Office visits	No charge	Deductible, then 50% coinsurance of negotiated charge	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) Penalty of \$500 for failure to obtain pre-authorization for out-of-network care may
If you are pregnant	Childbirth/delivery facility services	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	apply.
If you need help recovering or have other special health needs	Home health care	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	120 visits/calendar year combined with private- duty nursing. Penalty of \$500 for failure to obtain pre-authorization for out-of-network care.
If you need help recovering or have other special health needs	Rehabilitation services	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None

If you need help recovering or have other special health needs	Habilitation services	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	None
If you need help recovering or have other special health needs	Skilled nursing care	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	60 days/calendar year. Penalty of \$500 for failure to obtain pre-authorization for out-of-network care.
If you need help recovering or have other special health needs	Durable medical equipment	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
If you need help recovering or have other special health needs	Hospice services	Deductible, then 20% coinsurance	Deductible, then 50% coinsurance of negotiated charge	Penalty of \$500 for failure to obtain <u>pre-authorization</u> for out-of-network care.
If your child needs dental or eye care	Children's eye exam	No charge	No charge	1 routine eye exam/calendar year.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered.
If your child needs dental or eye care	Children's dental check-up	Not covered	Not covered	Not covered.

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult & Child)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs Except for required <u>preventive</u> <u>services</u>.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture 10 visits/calendar year for disease, injury & chronic pain.
- Bariatric surgery (through Carrum Health)
- Chiropractic care 30 visits/calendar year.
- Infertility treatment Limited to the diagnosis & treatment of underlying medical condition.
- Routine eye care (Adult) 1 routine eye exam/calendar year.

• Virtual Physical Therapy - Through Hinge Health

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the plan at 1-833-383-2650.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol/gov/ebsa/healthreform

Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- If your group health coverage is subject to ERISA, you may contact Aetna directly by calling the toll-free number on your Medical ID Card, or by calling our general number at 1-833-383-2650. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol/gov/ebsa/healthreform">http://www.dol/gov/ebsa/healthreform</a>
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at: <a href="http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html">http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html</a>.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Assistance:

For language assistance in your language call 1-888-982-3862 at no cost.

Spanish Para obtener asistencia lingüística en español, llame sin cargo al 1-833-383-2650.

Tagalog Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-888-982-3862 nang walang bayad.

Navajo	T'áá shi shizaad k'eh	jí bee shíká a'doowol nínízin	go Diné k'ehjí koji' t'áá	í jíík'e hólne' 1-888-982-3862
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Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section

# About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$3,000
<u>Copayments</u>	\$0
Coinsurance	\$1,700
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$4,760

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$3,000
<u>Copayments</u>	\$0
Coinsurance	\$500
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$3,520

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$2,800
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800