Coverage for: Individual + Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-833-383-2650 to request a copy. For details on your coverage and costs, you can get the complete terms in the Summary Plan Description at www.SodexoBenefitsCenter.com or by calling 1-855-668-5040.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In- <u>Network</u> : Individual \$1,250 / Family \$2,500. Out-of-Network: Individual \$2,500 / Family \$5,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> & <u>prescription drugs</u> ; plus in- <u>network</u> office visits are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u>
Are there other <u>deductible</u> s for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>Network</u> : Individual \$9,450 / Family \$18,900. Out-of-Network: Individual \$18,900 / Family \$37,800.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket</u> <u>limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this <u>plan</u> doesn't cover & penalties for failure to obtain <u>pre-authorization</u> for services.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.aetna.com/docfind</u> or call 1-833- 383-2650 for a list of in- <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

		What You	u Will Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider</u> 's office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Deductible, then 50% of negotiated charge	None
If you visit a health	<u>Specialist</u> visit	\$40 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Deductible, then 50% of negotiated charge	None
care <u>provider</u> 's office or clinic	Retail Health Clinic	\$30 <u>copay</u> /visit, deductible doesn't apply	Deductible, then 50% of negotiated charge	None
If you visit a health care <u>provider</u> 's office or clinic	Preventive care /screening /immunization	No charge	No charge	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Deductible, then 20% <u>coinsurance</u>	Deductible, then 50% of negotiated charge	None
If you have a test	Imaging (CT/PET scans, MRIs)	Deductible, then 20% <u>coinsurance</u>	Deductible, then 50% of negotiated charge	None

Common Medical Event	Services You May Need	What You In-Network Provider (You will pay the least)	u Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at www.aetnapharmac y.com/standard	Generic drugs	<u>Deductible</u> doesn't apply \$10 (retail) \$20 (mail)	Not covered	Covers 30 day supply (retail), 31-90 day supply
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at www.aetnapharmac y.com/standard	Preferred brand drugs	<u>Deductible</u> doesn't apply 30% <u>coinsurance</u> (retail) \$50 min/\$125 max 30% <u>coinsurance</u> (mail) \$100 min/\$250 max	Not covered	(mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives in- <u>network</u> . Certain prescriptions require precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics; cost difference penalty doesn't apply to <u>out-of-pocket limit</u> . Maintenance drugs- after two retail fills, members are required to fill a 90-day supply at CVS Caremark® Mail Service Pharmacy or CVS Pharmacy.
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at www.aetnapharmac y.com/standard	Non-preferred brand drugs	<u>Deductible</u> doesn't apply 30% <u>coinsurance</u> (retail) \$75 min/\$175 max 30% <u>coinsurance</u> (mail) \$150 min/\$350 max	Not covered	

Common Medical Event	Il Services You May Need What You Will Pay Services You May Need Provider Provider (You will pay the (You will pay the		Limitations, Exceptions, & Other Important Information	
If you need drugs		least)	most)	
to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at www.aetnapharmac y.com/standard	<u>Specialty drugs</u>	<u>Deductible</u> doesn't apply 30% <u>coinsurance</u> (retail) \$75 min/\$175 max 30% <u>coinsurance</u> (mail) \$150 min/\$350 max	Not covered	Covers 90 day supply. All prescriptions must be filled through the Aetna Specialty Performance Pharmacy <u>Network</u> .
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Deductible, then 20% coinsurance	Deductible, then 50% of negotiated charge	None
lf you have outpatient surgery	Physician/surgeon fees	Deductible, then 20% coinsurance	Deductible, then 50% of negotiated charge	None
Orthopedic Surgery	Orthopedic Surgery (Aetna)	Certain joint replacements and Spinal fusion surgery: No Coverage* Other orthopedic procedures: Deductible, then 20% coinsurance	Certain joint replacements and Spinal fusion surgery: No Coverage* Other orthopedic procedures: Deductible, then 50% of negotiated charge	*Carrum Health providers must be used for these surgeries

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Orthopedic Surgery Benefit (*Carrum Health)	If eligible, covers all medical costs incurred and related to the surgery without deductible or coinsurance	Not Covered	Certain orthopedic and spinal procedures are covered at 100% (deductible and coinsurance waived) when received through the Carrum Health surgery benefit. Contact Carrum Health at 888-855-7806 or visit <u>carrum.me/sodexo</u> for more information
If you need immediate medical attention	Emergency room care	Deductible, then 20% <u>coinsurance</u> after \$150 <u>copay</u> /visit	Deductible, then 20% <u>coinsurance</u> after \$150 <u>copay</u> /visit	To be used for unexpected, urgently required services; <u>Copay</u> waived if admitted
If you need immediate medical attention	Emergency medical transportation	Deductible, then 20% coinsurance	<u>Deductible</u> , then 20% <u>coinsurance</u>	Out-of- <u>network</u> emergency use paid the same as in- <u>network</u> . Non-emergency transport: not covered, except if pre-authorized.
If you need immediate medical attention	<u>Urgent care</u>	\$30 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$30 <u>copay</u> /visit, <u>deductible</u> doesn't apply	None
lf you have a hospital stay	Facility fee (e.g., hospital room)	Deductible, then 20% coinsurance	<u>Deductible</u> , then 50% of negotiated charge	Penalty of \$500 for failure to obtain <u>pre-</u> <u>authorization</u> for out-of-network care.
lf you have a hospital stay	Physician/surgeon fees	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office: \$40 <u>copay</u> /visit, <u>deductible</u> doesn't apply; other outpatient services: <u>Deductible</u> , then 20% <u>coinsurance</u>	Office & other outpatient services: <u>Deductible</u> , then 50% of negotiated charge	None

Common Medical Event	Services You May Need	What You In-Network Provider (You will pay the least)	ı Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Inpatient services	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	Penalty of \$500 for failure to obtain <u>pre-</u> <u>authorization</u> for out-of-network care.
If you are pregnant	Office visits	No charge	<u>Deductible</u> , then 50% of negotiated charge	<u>Cost sharing</u> does not apply for <u>preventive</u> services. Maternity care may include tests and
If you are pregnant	Childbirth/delivery professional services	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	services described elsewhere in the SBC (i.e., ultrasound.) Penalty of \$500 for failure to obtain pre-authorization for out-of-network care may
If you are pregnant	Childbirth/delivery facility services	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	apply.
If you need help recovering or have other special health needs	Home health care	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	120 visits/calendar year combined with private- duty nursing. Penalty of \$500 for failure to obtain <u>pre-authorization</u> for out-of-network care.
If you need help recovering or have other special health needs	Rehabilitation services	\$30 <u>copay</u> /visit, <u>deductible</u> doesn't apply	<u>Deductible</u> , then 50% of negotiated charge	None
If you need help recovering or have other special health needs	Habilitation services	Deductible, then 20% coinsurance	<u>Deductible</u> , then 50% of negotiated charge	
If you need help recovering or have other special health needs	Skilled nursing care	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	60 days/calendar year. Penalty of \$500 for failure to obtain <u>pre-authorization</u> for out-of-network care.

Common Medical Event	Services You May Need	What You In-Network Provider (You will pay the least)	u Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Durable medical equipment	<u>Deductible</u> , then 20% <u>coinsurance</u>	<u>Deductible</u> , then 50% of negotiated charge	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
If you need help recovering or have other special health needs	Hospice services	20% <u>coinsurance,</u> <u>deductible</u> doesn't apply	20% <u>coinsurance,</u> <u>deductible</u> doesn't apply	Penalty of \$500 for failure to obtain <u>pre-</u> authorization for out-of-network care.
If your child needs dental or eye care	Children's eye exam	No charge	No charge	1 routine eye exam/calendar year.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered.
If your child needs dental or eye care	Children's dental check-up	Not covered	Not covered	Not covered.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u>.)

- Cosmetic surgery
- Dental care (Adult & Child)

- Hearing aids
- Long-term care

- Routine foot care
 Weight loss program
 - Weight loss programs Except for required <u>preventive</u> <u>services</u>.

• Glasses (Child)

- Non-emergency care when traveling outside the U.S.
- Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

 Acupuncture - 10 visits/calendar year for disease, injury & chronic pain. 	 Infertility treatment - Limited to the diagnosis & treatment of underlying medical condition. Virtual Physical Therapy - Through Hinge Health 	
• Bariatric surgery - (through Carrum Health)	Routine eye care (Adult) - 1 routine eye	
Chiropractic care - 30 visits/calendar year.	exam/calendar year.	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the <u>plan</u> at 1-833-383-2650.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol/gov/ebsa/healthreform

Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- If your group health coverage is subject to ERISA, you may contact Aetna directly by calling the toll-free number on your Medical ID Card, or by calling our general number at 1-833-383-2650. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol/gov/ebsa/healthreform
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at: <u>http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html</u>.

Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet Minimum Value Standards? Yes.

If your plan_doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Assistance:

For language assistance in your language call 1-888-982-3862 at no cost.

- Spanish Para obtener asistencia lingüística en español, llame sin cargo al 1-833-383-2650.
- TagalogPara sa tulong sa wika na nasa Tagalog, tawagan ang 1-888-982-3862 nang walang bayad.
- Chinese 欲取得繁體中文語言協助,請撥打1-888-982-3862,無需付費。
- Navajo T'áá shi shizaad k'ehjí bee shíká a'doowol nínízingo Diné k'ehjí koji' t'áá jíík'e hólne' 1-888-982-3862

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$1,250
Specialist copayment	\$40
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: <u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
<u>Cost Sharing</u>	
Deductibles	\$1,250
<u>Copayments</u>	\$10
<u>Coinsurance</u>	\$2,100
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,420

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The <u>plan's</u> overall <u>deductible</u>	\$1,250
Specialist copayment	\$40
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$100
<u>Copayments</u>	\$1,300
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,420

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$1,250
Specialist copayment	\$40
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$1,250
<u>Copayments</u>	\$200
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,550