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Retiree Medical Access Plan

Cisco offers you access to high-quality medical, dental, and vision coverage through the Retiree Medical Access Plan (RMAP). Please note that Cisco offers you access to these plans but does not share in the cost, and you will be required to pay the entire monthly premium if you enroll. Take the time to review your options and make decisions that are best for you and your family.

Eligibility

You are eligible for RMAP if you meet the following requirements on your last day of employment at Cisco. You must:

- > Be enrolled in (or be eligible to enroll in) a Cisco medical plan;
- > Be at least age 50;
- > Have completed at least five full years of service at Cisco; or
- > Would have met the eligibility requirements above within the 60-day period after receiving a workforce reduction notice.

If you meet these requirements, you'll continue to be eligible for RMAP as long as plans continue to be offered, you pay your contributions on time and in full, and you make timely elections according to the plan policy.

You have 60 days after your employment ends or COBRA coverage ends to enroll in RMAP. You must be enrolled in at least one of the RMAP plans (medical, dental, or vision) within your enrollment window to remain eligible for RMAP in the future.

You can also cover your eligible dependents: spouse/domestic partner, children through age 22 or through age 24 if a full-time student, and disabled children over age 23.

Accessing the LifeConnections Health Center

If you are covered under an RMAP plan, you can continue to access services at the LifeConnections Health Center based on the RMAP coverage you are enrolled in. Please note that coverage for services at the LifeConnections Health Center is limited once you turn 65. So, you should call before receiving care there.

| If you are enrolled in RMAP coverage | At the LifeConnections Health Center you can access |
|--------------------------------------|---|
| HPSP or PPO medical plan | Medical and pharmacy services |
| Kaiser HMO | Medical services in San Jose |
| MetLife dental plan | Dental services |
| VSP vision plan | Vision services |

Accessing the LifeConnections Fitness Center

If you are covered under an RMAP plan, you can also access the LifeConnections Fitness Centers at the San Jose, CA, and Research Triangle Park, NC, campuses for a small fee. Spouses/domestic partners and dependent children are not eligible. Visit **CiscoLifeConnections.com** to learn more about the LifeConnections services.

Your options

When you retire from Cisco, you have options for coverage.

Through Cisco, you can:



Enroll in COBRA, then in RMAP

You can continue Cisco medical, dental, and/or vision benefits under COBRA for up to 18 months after you leave Cisco. At any time during the 18 months, you may end your COBRA coverage and enroll in RMAP within 60 days of ending COBRA.



Waive COBRA and enroll in RMAP

You can waive COBRA coverage and enroll in RMAP for medical, dental, and/or vision coverage within 60 days after your last day of work.



Waive both COBRA and RMAP

If you waive both COBRA and RMAP, you will not be able to enroll in COBRA or RMAP in the future.

Other options to consider:

The Marketplace

We encourage you to consider all your coverage options. In addition to RMAP, you may have comparable options available to you outside of Cisco and, in some cases, at a lower cost. It's important to find out more about the plans offered through the Marketplace so you can make an informed decision about what coverage is best for you. Please visit healthcare.gov for more details.

Medicare Supplement plan

Medicare-eligible retirees may want to look into other Medicare Supplement plans. These plans generally cover some services that Medicare Part A or Part B does not cover.

Comparing RMAP vs. COBRA

COBRA is a continuation of your Cisco coverage as an employee, while RMAP offers different plans. Here are a few things to consider as you make your decision on which coverage is best for you.

- > Plan offerings and costs differences. See pages 13-15 for 2025 rates.
- > Coverage for eligible dependents.
 - > Under COBRA, your eligible dependents can be covered through age 25.
 - > Under RMAP, they can only be covered through age 22 (or 24 if a full-time student).
- > Your benefits restart. If you elect RMAP, you will need to start over with a new medical deductible and out-of-pocket maximum, as well as a new dental deductible and benefits maximum. Your vision plan benefits will also restart.

Medicare and RMAP

When you or your spouse/domestic partner turns 65 or becomes eligible for Medicare, RMAP will pay secondary to Medicare, whether you have enrolled in Medicare or not. This means the RMAP plans will assume Medicare is covering a portion of your care; it also means your rates for coverage through RMAP are lower.

If you or your spouse/domestic partner are eligible for Medicare and are below the age of 65, contact People Support to have your rates adjusted to the lower post-65 rates intended for those eligible for Medicare.

Medical plan options

When making your medical plan decisions, think of your unique needs, including required care, provider preferences, and budget. Take the time to explore your options—and that includes checking the Marketplace to compare available plans to those available through RMAP.

PPO Plan In-network and out-of-network coverage

In this plan, you will have higher premiums than the Health Plus Savings Plan (HPSP) in exchange for a lower deductible.

Provider network

The **PPO** gives you the flexibility to see any provider you like, but you pay less when you see a network provider. You have access to the **UnitedHealthcare Choice Plus** network. Search for in-network providers at **uhc.com**.

Prescription drug benefits are administered by CVS Caremark. Search for in-network pharmacies (including national chains and independent pharmacies) at **caremark.com**.

Paying for care

Before deductible:

You pay for care. You pay a copay or coinsurance for prescriptions with no deductible. Eligible in-network preventive care is 100% covered with no deductible.

After deductible:

You and the plan share the costs of care through copays and coinsurance until you reach the out-of-pocket maximum.

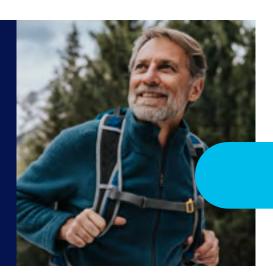
After out-of-pocket maximum:

The plan covers 100% of eligible costs for the remainder of the calendar year.

If you're enrolled in the PPO or HPSP: Mammograms and genetic testing for certain cancers

Your first in-network mammogram of the year will be covered fully-regardless of age, so you and your doctor can choose to start preventive mammograms sooner and if you need diagnostic testing, you will have support.

You can request genetic testing to identify changes in the genes associated with developing breast and/or ovarian cancer (BRCA1 and BRCA2), simply because it's important to you. Talk to your doctor about requesting this test as part of your annual preventive exam. All plans offer this testing when medically necessary.



Health Plus Savings Plan (HPSP) In-network and out-of-network coverage

The **HPSP** is only for retirees under the age of 65 (or not otherwise Medicare-eligible). The HPSP offers lower monthly premiums than the PPO, but a higher annual deductible. You may also be eligible for a Health Savings Account (HSA), which can help you save on taxes. Once you turn 65, you will need to choose a new medical plan option or decline coverage. Otherwise, you will be defaulted into the PPO.

Provider network

The HPSP gives you the flexibility to see any provider you like, but you pay less when you see a network provider. You have access to the UnitedHealthcare Choice Plus network. Search for in-network providers at uhc.com.

Prescription drug benefits are administered by CVS Caremark. Search for in-network pharmacies (including national chains and independent pharmacies) at caremark.com.

Paying for care

Before deductible:

You pay for care and prescriptions. Eligible in-network preventive care is 100% covered with no deductible.

After deductible:

You and the plan share the costs of care and prescriptions through coinsurance until you reach the out-of-pocket maximum.

After out-of-pocket maximum:

The plan covers 100% of eligible costs for the remainder of the calendar year.

How the HSA works

If you enroll in the Health Plus Savings Plan (HPSP) for 2025, you can open an HSA with the financial institution of your choice. The Health Savings Account (HSA) is a tax-advantaged account that you can use to pay eligible out-of-pocket healthcare expenses now and in the future.

Here's what you need to know:

- · Any money contributed, earned, or used for eligible healthcare expenses is federally tax-exempt.1
- · Keep the IRS limit in mind. You can contribute a maximum of \$4,300 for individual coverage or \$8,550 if you cover dependents. If you're age 55 or over, you can make an additional \$1,000 in catch-up contributions.
- You can use your HSA money to pay for eligible medical, prescription drug, dental, and vision expenses for you and your eligible dependents. If you prefer, you can pay out of pocket and save your HSA money for the future.
- ¹ HSAs offer pre-tax savings under federal laws and most state income tax laws. California and New Jersey tax HSA contributions.

Kaiser Permanente HMO Plan Available in California In-network coverage only

The **Kaiser Permanente HMO** is available in California. You must use only doctors and facilities from within the Kaiser network (except in an emergency). You'll pay copays only for care and prescriptions, making your costs easy to anticipate.

If you enroll in a Kaiser plan and you are 65 or older, or otherwise Medicare-eligible, you must also enroll in Kaiser Senior Advantage coverage through Kaiser or your coverage will be canceled.

Provider network

In this plan, you'll receive care from Kaiser facilities and providers, including your prescriptions. All your Kaiser caregivers work together to support your health and wellbeing.

You'll have peace of mind traveling away from home in this plan because you're covered everywhere for urgent and emergency care. If you're traveling to another Kaiser service area outside California, you can also get routine care, which is great for frequent travelers and college students.

Search for Kaiser Permanente doctors, pharmacies, and locations at **my.kp.org/cisco**.

Paying for care

No deductible:

The plan starts sharing costs with you right away. When you need care or prescriptions, you pay a simple copay.

After out-of-pocket maximum:

The plan covers 100% of eligible costs for the remainder of the calendar year.



Here's how coverage and care differ in each of the plans:

| PPO | HPSP (under age 65) | Kaiser CA ¹ |
|--|--|---|
| Available to all RMAP enrollees | Available to RMAP enrollees under the age of 65 (or not otherwise Medicare-eligible) | Available to RMAP enrollees in California |
| UHC Choice Plus network | UHC Choice Plus network | Kaiser network |
| Higher premiums | Moderate premiums | Lower premiums |
| Lower deductible | Higher deductible | No deductible |
| Prescriptions are not subject to the deductible | Prescriptions are subject to the deductible | N/A |
| The plan will pay for each family member who meets the individual deductible | You must meet the family deductible before the plan pays for any individual | N/A |
| After the deductible is met, you pay coinsurance for care | After the deductible is met, you pay coinsurance for care | You pay copays for care |
| No Health Savings Account (HSA) | Eligible to contribute to an HSA | No HSA |

¹ If you enroll in a Kaiser plan and you are 65 or older, or otherwise Medicare-eligible, you must also enroll in Kaiser Senior Advantage coverage through Kaiser or your coverage will be canceled.

What you pay for medical care

| | PPO | | HPSP (under age 65) | | Kaiser CA |
|---|--|--------------------------------|-----------------------------------|---------------------------------|--|
| | In-network | Out-of- network | In-network | Out-of- network ¹ | |
| Calendar-year deductible individual family Deductible must be | \$1,500 \$3,000 No deductible for | \$2,500 \$5,000 | \$4,000 \$6,000 ³ | \$4,000 \$6,000³ | \$0 |
| met before the plan pays, except where indicated | prescriptions and preventive care | deductible for prescriptions | for preventive care | | |
| Calendar-year out-of-pocket maximum (including deductible) | \$4,500 \$9,000 | \$5,500 \$11,000 | \$6,000 \$8,550 | \$6,800 \$10,200 | \$1,500 \$3,000 (under age 65) \$1,000 \$2,000 |
| individual family | | | | | (age 65 and over) |
| Office visit | 20% | 40% | 20% | 40% | \$25 for PCP \$35 for specialist (pre-65) \$25 for specialist (post-65) |
| Routine adult physicals ² (age 18 and over) | 0% | 40% | 0% | 40% | \$25 (pre-65) \$0 (post-65) |
| Lab or X-ray | 20% | 40% | 20% | 40% | \$10 for outpatient services |
| Inpatient hospital emergency care | 20% 20% | 40% 20% | 20% 20% | 40% 20% | \$250 \$100 (pre-65) or \$50 (post-65) |
| Inpatient mental health and substance abuse | Inpatient: 20% Outpatient: 20% | Inpatient: 20% Outpatient: 20% | Inpatient: 20% Outpatient: 20% | Inpatient: 20% Outpatient: 20% | Inpatient: \$250 Outpatient: \$25 individual \$12 group |

¹ You are responsible to pay any provider billed amounts that exceed the allowed amount—the portion of the bill charged by a healthcare provider that the plan will consider for payment. For prescriptions, you pay coinsurance plus the difference between the amount billed and amount allowed by CVS. Out-of-network mail-order prescriptions are not covered.

² In the PPO and HPSP plans, these will be covered at 100% based on the U.S. Preventive Services Task Force guidelines for age-specific routine physicals and associated labs. For a list of the services recommended by the U.S. Preventive Services Task Force, please see the Summary Plan Description (SPD).

³ For the HPSP, the family deductible must be met before the plan pays for any individual, if covering one or more dependents.

What you pay for medical care

| | PPO | | HPSP (under age 65) | | Kaiser CA |
|--|---|--|--|--|--|
| | In-network | Out-of- network | In-network | Out-of- network | |
| Durable medical equipment | 20% | 40% | 20% | 40% | 20% when prescribed by provider according to plan guidelines |
| Physical, occupational, speech therapy-restorative | 20% | 40% | 20% | 40% | \$25 individual \$12 group |
| Home healthcare | 20% with unlimited visits each year | 40% with unlimited visits each year | 20% with unlimited visits each year | 40% with unlimited visits each year | 0% part-time intermittent care when prescribed by provider and within service area; 100 visits per year (pre-65) ³ |
| Hospice | 20% | 40% | 20% | 40% | 0% when selected as alternative to traditional treatment, authorized by plan, and within service area ⁴ |
| Prescription drugs ² | Generic: \$15 Preferred brand: \$30 Non-preferred brand: \$45 Mandatory mail order: 90-day supply for two copays | 40% | 20% | 40% | Generic: \$15 100-day supply (pre-65) \$10 100-day supply (post- 65) Brand: \$35 for a 100-day supply |

¹ For prescriptions, you pay coinsurance plus the difference between the amount billed and amount allowed by CVS. Out-of-network mail-order prescriptions

² For the PPO and HPSP, some specialty prescription drugs may require authorization from CVS Caremark. Additionally in those plans, if you choose a preferred/nonpreferred brand name drug when an exact FDA-approved generic equivalent is available, you are responsible for the brand copay/coinsurance for the brand-name drug, in addition to the difference in cost between the selected drug and the generic equivalent of that drug (unless the doctor designates on the prescription drug "dispense as written"). The difference in cost between the selected drug and generic substitute does not apply toward the out-of-pocket maximum.

³ See your plan documents for post-65 benefit limits.

⁴ Coverage for hospice care varies depending on if the enrollee is pre- or post-65. Please refer to the plan documents, Summary Plan Descriptions (SPDs), and any Evidence of Coverage or Certificates of Coverage and their related insurance policies or contracts for more details.

Dental

Keep your smile healthy with two dental plan options. Consider the Comprehensive PPO if you expect to have orthodontia expenses in 2025 or want more coverage for basic services and a higher calendar-year benefit maximum. You can see any provider in either plan, but you'll pay less with an in-network MetLife dentist. To find an in-network provider, visit metlife.com/dental and choose the PDP Plus network or call 888 235 2038.

2025 plan details

What you pay for in-network care

| | Basic PPO | Comprehensive PPO |
|---|-------------------------------------|---|
| Deductible | \$50 per person \$150 per family | \$50 per person \$150 per family |
| Preventive and diagnostic services Services do not count toward benefit maximum | \$0 ; no deductible | \$0 ; no deductible |
| Basic services (like fillings or extractions) | 50% after deductible | 20% after deductible |
| Major services (like porcelain crowns or implants) | 50% after deductible | 50% after deductible |
| Orthodontia | Not covered | 50% after deductible (plan pays up to \$2,500 lifetime maximum) |
| Calendar-year benefit maximum | Plan pays \$1,500 per person | Plan pays \$2,500 per person |



Using your dental benefits

To use your dental benefits, you don't need an ID card. Your former Cisco employee ID number and dental group number can be used to verify coverage for you and your covered dependents. The Cisco MetLife Dental group number is 85436.

Vision

Your eye health is just as important as your physical health. See clearly with our comprehensive vision plan through VSP. You can visit any provider, but you'll pay less if you visit an in-network provider. To find an in-network provider, visit vsp.com or call **800 877 7195**. Keep in mind: Vision coverage is a good idea even if you don't wear glasses or contacts. An annual eye exam could benefit your overall health and blue-light glasses can help alleviate eyestrain and discomfort.

2025 plan details

What you pay for in-network care

| | VSP |
|--|---|
| Vision exam Once every calendar year | \$25 (\$10 for digital retinal screening) |
| Contact lens exam Fitting and evaluation | Up to \$60 maximum copay |
| Essential medical eye care | \$20 |
| Prescription glasses Once every calendar year | Lenses: \$0 for single vision, lined bifocal, and lined trifocal lenses Frames: You pay charges beyond \$150 (\$80 at Costco, Walmart, and Sam's Club) |
| Blue-light filtering glasses or sunglasses Ready-made, non-prescription; every calendar year in lieu of prescription glasses or contacts | You pay charges beyond \$150 |
| Contacts Once every calendar year, in lieu of eyeglass lenses/frames | You pay charges beyond \$140 |



Using your vision benefits

An ID card is not required to use VSP benefits. Tell the doctor you're a VSP member when you make your appointment, and your doctor and VSP will handle the rest!

2025 RMAP monthly premiums

Medical

PPO plan

HPSP (under age 65)

Kaiser CA

Retiree under age 65

What you pay per month

| Retiree only | \$1,744 | \$1,484 | \$1,115.15 |
|---|---------|---------|------------|
| Retiree + spouse/domestic partner under 65 | \$3,664 | \$3,117 | \$2,341.81 |
| Retiree + 1 child | \$3,664 | \$3,117 | \$2,007.26 |
| Retiree + spouse/domestic partner 65+ | \$2,416 | \$2,057 | \$1,397.95 |
| Retiree + family (spouse/ domestic partner under 65) | \$5,060 | \$4,303 | \$3,233.92 |
| Retiree + 2 or more children | \$5,060 | \$4,303 | \$2,007.26 |
| Retiree + family (spouse/ domestic partner 65+) | \$3,812 | \$3,244 | \$2,290.06 |

Retiree over age 65

What you pay per month

| Retiree only | \$895 | \$282.57 |
|---|---------|------------|
| Retiree + spouse/domestic partner under 65 | \$2,237 | \$1,509.23 |
| Retiree + 1 child | \$2,237 | \$1,174.68 |
| Retiree + spouse/domestic partner 65+ | \$1,565 | \$565.37 |
| Retiree + family (spouse/ domestic partner under 65) | \$4,211 | \$2,401.34 |
| Retiree + 2 or more children | \$4,211 | \$1,174.68 |
| Retiree + family (spouse/ domestic partner 65+) | \$2,962 | \$1,457.48 |

2025 RMAP monthly premiums

Dental and vision

Dental Basic PPO

Dental Comprehensive PPO

VSP

All retirees

What you pay per month

| Retiree only | \$46 | \$90 | \$10 |
|---|-------|-------|------|
| Retiree + spouse/domestic partner under 65 | | | |
| Retiree + 1 child | \$97 | \$189 | \$22 |
| Retiree + spouse/domestic partner 65+ | | | |
| Retiree + family (spouse/ domestic partner under 65) | | | |
| Retiree + 2 or more children | \$134 | \$261 | \$30 |
| Retiree + family (spouse/ domestic partner 65+) | | | |



2025 COBRA monthly premiums

What you pay per month

| , , , , | | | | |
|---|---------------------|--|-----------------------------|-------------------------|
| | Participant Only | Participant + Spouse/ Domestic Partner | Participant + Child(ren) | Participant + Family |
| Medical | | | | |
| Health Plus Savings Plan (UHC Choice Plus Network) | \$854.52 | \$1,794.49 | \$1,538.12 | \$2,478.09 |
| Out-of-Area Health Plus Savings Plan (UHC) | \$854.52 | \$1,794.49 | \$1,538.12 | \$2,478.09 |
| PPO (UHC Choice Plus Network) | \$921.46 | \$1,935.07 | \$1,658.64 | \$2,672.25 |
| Out-of-Area PPO (UHC) | \$829.32 | \$1,741.58 | \$1,492.78 | \$2,405.04 |
| PPO Hawaii (UHC) | \$1,618.48 | \$3,330.40 | \$2,678.66 | \$4,735.10 |
| Kaiser Permanente HMO (California) | \$751.86 | \$1,578.92 | \$1,353.35 | \$2,180.40 |
| Cigna Global Health Benefits Plan | \$711.08 | \$1,904.23 | \$2,321.11 | \$2,321.11 |
| Dental | | | | |
| MetLife Comprehensive PPO | \$66.65 | \$139.96 | \$119.96 | \$193.27 |
| MetLife Basic PPO | \$34.23 | \$71.89 | \$61.62 | \$99.28 |
| Vision | | | | |
| VSP | \$9.46 | \$19.86 | \$17.02 | \$27.42 |

Enrolling in RMAP

ENROLL

You have two ways to enroll:

- > Online at the U.S. Benefits Portal: upointhr.com/cisco.
- > Call:

People Support at 866 282 3866 or **408 526 5999**, option 4, Monday through Friday from 8 a.m. to 8 p.m. Central Time.

Important: Overdue balances

It's important to keep your contact information up to date so that we can reach you. If you have an overdue balance and your payment is not postmarked within 60 days of the due date, your coverage will be terminated retroactive to the end of the last fully paid month.



PAY

How you pay for your plan

When you retire, you are responsible for paying for any coverage you choose under RMAP. Here's how it works:

Your bill

If you enroll in RMAP coverage, you will receive a bill each month for the cost of your coverage unless you are enrolled in ongoing direct debit. Even if you do not receive a bill, your payment is due on the first day of each month.

Payment options

- > Direct debit: Sign up online at upointhr.com/cisco or contact People Support for a Direct Debit Authorization form. Once your reoccurring direct debit is set up, withdrawals are taken the first or following business day of each month for next month's premiums. You can also make a one-time direct debit payment online by transferring funds from your bank account.
- > Check: Checks should be made payable to Cisco and sent to:

Cisco PO Box 0804 Carol Stream, IL 60132-0804



Log on to the U.S. Benefits Portal at upointhr.com/cisco to update your personal information and communication preferences under your profile. Provide your mobile phone number and your email address, and go paperless so you never miss a communication.

We're here to help

Visit the U.S. Benefits Portal

Find more information about your benefits options at upointhr.com/cisco.

Download the app

Use the Alight Mobile app to access your Cisco benefits information.

- 1. Update your mobile phone number at upointhr.com/cisco by clicking "Manage Communications."
- 2. Scan the OR code below.



3. Open the app and search "Cisco Systems." Click "Log in with your employer credentials" and use your Cisco username and password.

Contact People Support

If you have questions about your benefits or need help enrolling:

- · Visit **upointhr.com/cisco** to chat online, schedule an appointment, or open a case.
- -Call **866 282 3866** or **408 526 5999**, option 4, Monday through Friday from 8 a.m. to 8 p.m. Central Time.

Need help navigating your Cisco benefits?

Your Benefit Pro can take the burden off you and your family members and help navigate challenges like managing a complex care situation (like a serious diagnosis), finding providers and scheduling appointments, reviewing health claims/bills, and saving money on care and prescriptions.

To schedule an appointment or connect with a Pro, visit upointhr.com/cisco or call 866 282 3866 or 408 526 5999, option 4.



Financial Well-being Pros

As you retire, you may have financial questions and decisions to make. We have help.

If you are eligible for the Retiree Medical Access Plan (RMAP), you will have access to Alight Financial Path for 12 months after you retire.

Financial Path includes unlimited access to Financial Well-being Pros, personalized assessments, financial planning tools, and the financial education center.

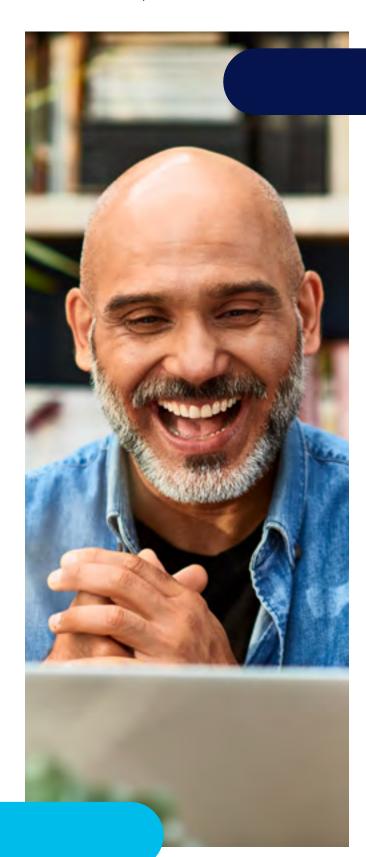
Financial Well-being Pros help you achieve peace of mind by assessing your personal situation and optimizing your spending choices. They can also assist you with financial considerations for your health insurance and COBRA benefits options and making decisions regarding your retirement plan savings accounts.

Call People Support, Monday through Friday from 8 a.m. to 8 p.m. Central Time, at 866 282 3866 or 408 526 5999, option 4, and ask for a Financial Well-being Pro. You can also schedule an appointment to talk with a Pro on the U.S. Benefits Portal or after you retire at upointhr.com/cisco.

Financial Planning is offered through Alight Financial Advisors, LLC (AFA). AFA is a registered investment adviser and wholly owned subsidiary of Alight Solutions LLC.

Financial Well-being Pros are Investment Advisors of AFA. AFA and its affiliates do not guarantee future results. AFA's Investment Advisors do not provide legal, accounting or tax advice, nor do they provide investment advice in connection with the Financial Planning service. Financial Planning does not constitute a solicitation or offer to buy or sell securities and is a separate service from AFA's investment advisory services. Alight Solutions LLC, AFA and their affiliates are not responsible for errors or omissions or for the results obtained from the use of any information provided. In no event shall Alight Solutions LLC, AFA and their affiliates be liable for any indirect, special or consequential damages in connection with the results of your use of this information.

In referring individuals to Edelman Financial Engines for their Personal Advisor service, AFA is acting in a promoter's capacity, as defined under Rule 206(4) 1 of the Advisers Act of 1940.



Your contacts

| Benefits Enrollment | Website | Customer service |
|--|--|--|
| People Support | upointhr.com/cisco | 866 282 3866 , option 4 408 526 5999 , option 4 |
| Medical plan providers | | |
| UnitedHealthcare | uhc.com | 800 875 8307 |
| Optum Behavioral Solutions (behavioral health and substance abuse services for UHC members) | liveandworkwell.com Access code: cisco | 800 718 8435 |
| Kaiser Permanente California | my.kp.org/cisco | 800 464 4000 |
| Pharmacy benefits | | |
| CVS Caremark (for UHC members) | <u>caremark.com</u> | 877 411 8164 |
| Dental plans | | |
| MetLife Dental | metlife.com/dental | 888 235 2038 |
| Vision plan | | |
| VSP | <u>vsp.com</u> | 800 877 7195 |
| LifeConnections Health Centers | ciscolifeconnections.com | Research Triangle Park: 919 392 2002 San Jose: 408 424 2000 |



2025 Retiree Benefits Enrollment

This guide highlights certain components of the Cisco Systems, Inc. Retiree Medical Access Plan (RMAP) (the "Plan"). The guide also provides a high level overview of upcoming changes and serves as a "Summary of Material Modifications." Please read this guide and keep it with your other plan and program materials, including the most recent version of the summary plan description for the Plan.

This guide is not intended to describe any RMAP employee benefit plans or programs completely. The formal plan documents for each benefit plan or program contain detailed information about your eligibility and coverage. Please review the plan documents, summary plan descriptions, summary of material modifications and any Evidence of Coverage or Certificate of Coverage and their related insurance policies and contracts for detailed information. Cisco Systems, Inc. reserves the right to change, amend, suspend, withdraw, or terminate any of these plans or programs, in whole or in part, at any time.

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