



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-475-6937 or visit us at mylowesbenefits.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the Glossary. You can view the Glossary at www.bcbsal.org/sbcglossary/ or call 1-888-926-2404 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$1,500 self only coverage/\$3,000 family coverage in-network. \$3,000 self only coverage/\$6,000 family coverage out-of-network.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible ?	Yes. Preventive services in-network are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductible for specific services.
What is the out-of-pocket limit for this plan ?	For in-network \$6,000 self only coverage/\$12,000 family coverage. For out-of-network \$13,100 self only coverage/\$26,200 family coverage. Maximum amount that any one person will satisfy towards the annual family out-of-pocket is \$6,000.	The self only out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own self only out-of-pocket limit until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, health care this plan doesn't cover and pre-certification penalties.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See AlabamaBlue.com or call 1-888-926-2404 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	40% coinsurance	50% coinsurance	None
	Specialist visit	40% coinsurance	50% coinsurance	
	Preventive care/screening/immunization	No Charge No overall deductible	50% coinsurance	Please visit AlabamaBlue.com/preventiveservices ; additional services are available. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	40% coinsurance	50% coinsurance	Benefits listed are physician services; facility benefits are also available; precertification is required for imaging
	Imaging (CT/PET scans, MRIs)	40% coinsurance	50% coinsurance	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com	Generic Drugs	40% coinsurance	If you use a Non-Network Pharmacy, you are responsible for payment upfront. You may be reimbursed based on the lowest contracted amount, minus any applicable deductible or copayment amount.	Deductible and Out-of-pocket limit applies Covers up to a 30-day supply (retail & specialty); 31-90 day supply (mail order) Once the annual Out-of-pocket is met, you pay nothing for covered prescription medication Fertility medications are administered through Progyny. Please call (833) 283-1968 to register for benefit
	Preferred Brand Drugs	40% coinsurance		
	Non-Preferred Brand Drugs	40% coinsurance		
	Specialty Drugs	40% coinsurance		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	40% coinsurance	50% coinsurance	In Alabama, out-of-network not covered; precertification may be required Precertification may be required for outpatient surgery
	Physician/surgeon fees	40% coinsurance	50% coinsurance	
If you need immediate medical attention	Emergency room care	Accident: 40% coinsurance Medical Emergency: 40% coinsurance	Accident: 40% coinsurance Medical Emergency: 40% coinsurance	Physician charges will apply; non-medical emergencies not covered

* For more information about limitations and exceptions, see the plan or policy document at [mylowesbenefits.com](#).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Emergency medical transportation	40% coinsurance	40% coinsurance	Subject to in-network overall deductible; non-emergency ambulance services will be subject to higher patient responsibility
	Urgent care	40% coinsurance	50% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	40% coinsurance	50% coinsurance	In Alabama, out-of-network benefits are only available for accidental injury; precertification is required
	Physician/surgeon fees	40% coinsurance	50% coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	40% coinsurance	50% coinsurance	Benefits listed are outpatient provider services and are available through the Magellan Healthcare Network of providers; subject to overall deductible; additional benefits are also available with higher patient responsibility; some services require precertification
	Inpatient services	40% coinsurance	50% coinsurance	Benefits listed are inpatient services and are available through the Magellan Healthcare Network of providers; subject to overall deductible; additional benefits are also available; precertification is required
If you are pregnant	Office visits	40% coinsurance	50% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Childbirth/delivery professional services	40% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	40% coinsurance	50% coinsurance	

* For more information about limitations and exceptions, see the plan or policy document at mylowesbenefits.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	40% coinsurance	50% coinsurance	120 visits/year; precertification is required
	Rehabilitation services	40% coinsurance	50% coinsurance	Benefits listed are for Rehabilitative and Habilitative services; limited to a combined maximum of 60 visits for occupational, physical and speech therapy per year; clinical review following 25th visit per discipline; unlimited visits for treatment of mental health disorders (any age) and autism for children (any age); precertification is required
	Habilitation services	40% coinsurance	50% coinsurance	
	Skilled nursing care	40% coinsurance	50% coinsurance	120 days/year; precertification is required
	Durable medical equipment	40% coinsurance	50% coinsurance	Precertification required for some DME rentals over \$1,500 and DME purchases over \$1,500 (excluding braces and orthotics); prosthetics require precertification for both DME rentals and purchases over \$1,500
	Hospice services	0% coinsurance	50% coinsurance	Precertification is required for inpatient hospice; hospice services rendered in the home do not require precertification
If your child needs dental or eye care	Children's eye exam	No Charge No overall deductible	50% coinsurance	Routine eye and dental coverage is provided for children as required by law
	Children's glasses	Not Covered	Not Covered	
	Children's dental check-up	No Charge No overall deductible	50% coinsurance	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
<ul style="list-style-type: none"> • Acupuncture • Cosmetic surgery • Dental care (Adult) 	<ul style="list-style-type: none"> • Long-term care • Glasses, child • Routine eye care (Adult) • Intellectual disability Habilitative services 	<ul style="list-style-type: none"> • Weight loss programs • Routine foot care • Private-duty nursing

* For more information about limitations and exceptions, see the plan or policy document at mylowesbenefits.com.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Bariatric surgery (limited to 1 per lifetime)
- Chiropractic care (clinical review following 25th visit)
- Hearing aids (limited to 1 hearing aid per ear every 3 calendar years)
- Non-emergency care when traveling outside the U.S.
- Fertility Treatments: Fertility and Assisted Reproductive Technology treatments are administered through Progyny. Please call (833) 283-1968 to register for benefit

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Your plan administrator at the phone number listed in your benefit booklet. You may also contact Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this [plan](#) provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this [plan](#) meet Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)																																											
■ The plan's overall deductible	\$1,500	■ The plan's overall deductible	\$1,500	■ The plan's overall deductible	\$1,500																																										
■ Specialist copay/coinsurance	\$0/40%	■ Specialist copay/coinsurance	\$0/40%	■ Specialist copay/coinsurance	\$0/40%																																										
■ Hospital (facility) copay/coinsurance	\$0/40%	■ Hospital (facility) copay/coinsurance	\$0/40%	■ Hospital (facility) copay/coinsurance	\$0/40%																																										
■ Other copay/coinsurance	\$0/40%	■ Other copay/coinsurance	\$0/40%	■ Other copay/coinsurance	\$0/40%																																										
<p>This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)</p>		<p>This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)</p>		<p>This EXAMPLE event includes services like: Emergency room care (<i>including medical supplies</i>) Diagnostic tests (<i>x-ray</i>) Durable medical equipment (<i>crutches</i>) Rehabilitation services (<i>physical therapy</i>)</p>																																											
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800																																										
<p>In this example, Peg would pay:</p> <table border="1"> <thead> <tr> <th colspan="2">Cost Sharing</th> </tr> </thead> <tbody> <tr> <td>Deductibles</td> <td>\$1,500</td> </tr> <tr> <td>Copayments</td> <td>\$0</td> </tr> <tr> <td>Coinsurance</td> <td>\$4,400</td> </tr> <tr> <th colspan="2">What isn't covered</th> </tr> <tr> <td>Limits or exclusions</td> <td>\$60</td> </tr> <tr> <td>The total Peg would pay is</td> <td>\$5,960</td> </tr> </tbody> </table>		Cost Sharing		Deductibles	\$1,500	Copayments	\$0	Coinsurance	\$4,400	What isn't covered		Limits or exclusions	\$60	The total Peg would pay is	\$5,960	<p>In this example, Joe would pay:</p> <table border="1"> <thead> <tr> <th colspan="2">Cost Sharing</th> </tr> </thead> <tbody> <tr> <td>Deductibles</td> <td>\$1,500</td> </tr> <tr> <td>Copayments</td> <td>\$0</td> </tr> <tr> <td>Coinsurance</td> <td>\$1,500</td> </tr> <tr> <th colspan="2">What isn't covered</th> </tr> <tr> <td>Limits or exclusions</td> <td>\$20</td> </tr> <tr> <td>The total Joe would pay is</td> <td>\$3,020</td> </tr> </tbody> </table>		Cost Sharing		Deductibles	\$1,500	Copayments	\$0	Coinsurance	\$1,500	What isn't covered		Limits or exclusions	\$20	The total Joe would pay is	\$3,020	<p>In this example, Mia would pay:</p> <table border="1"> <thead> <tr> <th colspan="2">Cost Sharing</th> </tr> </thead> <tbody> <tr> <td>Deductibles</td> <td>\$1,500</td> </tr> <tr> <td>Copayments</td> <td>\$0</td> </tr> <tr> <td>Coinsurance</td> <td>\$500</td> </tr> <tr> <th colspan="2">What isn't covered</th> </tr> <tr> <td>Limits or exclusions</td> <td>\$0</td> </tr> <tr> <td>The total Mia would pay is</td> <td>\$2,000</td> </tr> </tbody> </table>		Cost Sharing		Deductibles	\$1,500	Copayments	\$0	Coinsurance	\$500	What isn't covered		Limits or exclusions	\$0	The total Mia would pay is	\$2,000
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Note: These numbers assume the patient does not participate in the [plan's](#) wellness program. If you participate in the [plan's](#) wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: mylowesbenefits.com.

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

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