Coverage for: Individual/Individual + Family | Plan Type: OAP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go online at <u>www.cigna.com/sp</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary or call</u> 1-855-737-7461 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For <u>in-network providers:</u> \$1,650/individual - employee only or \$3,300/family maximum; Combined medical/behavioral and pharmacy <u>deductible</u> ; <u>Deductible</u> per individual applies when the employee is the only individual covered under the <u>plan</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network preventive care & immunizations.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>in-network providers:</u> \$4,500/individual - employee only or \$9,000/family maximum (no more than \$4,500 per individual - within a family);Combined medical/behavioral and pharmacy <u>out-of-pocket limit</u>	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.cigna.com</u> or call 1-855-737-7461 for a list of <u>network providers</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.				
Common		What You Will Pay		Limitations Exceptions 9 Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
If you visit a health care	Primary care visit to treat an injury or illness	20% coinsurance/visit	Not covered	Virtual visit - 20% co-ins after deductible by a Designated Virtual Network Provider
provider's office or clinic	<u>Specialist</u> visit	20% coinsurance/visit	Not covered	None
<u></u>	Preventive care/ screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	Not covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	None
If you need drugs to treat	Tier 1 - Typically Generic	Retail: \$10/prescription Mail Order: \$20/prescription	Not covered	This plan design is in effect once the deductible has been met. There are
your illness or condition More information about prescription drug coverage	Tier 2 - Typically Preferred / Brand / Specialty Drugs	Retail: 25% coins, \$120 Max Mail Order: 25% coins, \$240 Max	Not covered	certain medications classified as preventive and those medications will bypass the deductible.
is available at www.express-scripts.com	Tier 3 - Typically Non- Preferred / Specialty Drugs	Retail: 50% coins, \$240 max Mail Order: 50% coins, \$480 max	Not covered	30 day fills of maintenance medications will take a 100%
	Tier 4 – ED, Antifungals, anoerxiants, infertility, patches, vaginal rings/diaphrams, depo- provera	Retail: 50% coins, \$240 max Mail Order: 50% coins, \$480 max	Not covered	coinsurance at retail after the 2nd fill. Members will need to move to Express Scripts Mail Order for a 90 day fill to avoid the 100% coinsurance.

•		What Yo	u Will Pay	Limitations Exceptions 9 Other
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
	Tier 5 – NSA (Non-Steroidal Antihistamines)	Retail: 100% coinsurance Mail Order: 100% coinsurance	Not Covered	Retail: 30 day supply Mail Order: 90 day supply Specialty Medications need to be fill thru the Express-Scripts Accredo Specialty Pharmacy.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	Failure to obtain pre-certification may result in a penalty.
	Physician/surgeon fees	20% coinsurance	Not covered	None
If you need immediate medical attention	Emergency room care	20% <u>coinsurance</u>	20% <u>coinsurance</u>	In addition to <u>deductible</u> and <u>coinsurance</u> , subject to \$250 <u>copay</u> . <u>Copay</u> waived if due to an accident/injury or if admitted. Out-of-network services are paid at the in-network cost share and <u>deductible</u> .
	Emergency medical transportation	20% coinsurance	20% coinsurance	Out-of-network air ambulance services are paid at the in-network cost share and <u>deductible</u> . Air ambulance required pre-certification.
	Urgent care	20% coinsurance	20% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	Failure to obtain pre-certification may result in a penalty.
	Physician/surgeon fees	20% coinsurance	Not covered	None

0	What You Will Pay			Limitations Exceptions 9 Other
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% <u>coinsurance</u>	Not covered	Includes medical services for MH/SA diagnoses. EAP limited to 8 visits per calendar year; Pre-certification may be required for certain outpatient services.
	Inpatient services	20% coinsurance	Not covered	Includes medical services for MH/SA diagnoses. Failure to obtain pre- certification may result in a penalty.
	Office visits	20% coinsurance	Not covered	Primary Care or Specialist benefit
	Childbirth/delivery professional services	20% coinsurance	Not covered	levels apply for initial visit to confirm pregnancy. Cost sharing does not
If you are pregnant	Childbirth/delivery facility services	20% <u>coinsurance</u>	Not covered	apply for <u>preventive services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). Failure to obtain pre- certification for childbirth if Inpatient stay exceeds 48 hours for normal delivery and 96 hours after a cesarean delivery may result in a penalty.
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	Not covered	Coverage is limited to 200 days annual max. (The limit is not applicable to mental health and substance use disorder conditions.) Failure to obtain pre-certification may result in a penalty.
	Rehabilitation services	20% coinsurance/visit	Not covered	Coverage is limited to annual max of: 20 days for Chiropractic care services.

Common		What You Will Pay		Limitations Exceptions 9 Other
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
	Habilitation services	20% <u>coinsurance</u> /visit	Not covered	Services are covered when <u>Medically</u> <u>Necessary</u> to treat a mental health condition or a congenital abnormality.
	Skilled nursing care	20% <u>coinsurance</u>	Not covered	Coverage is limited to 120 days annual max. Failure to obtain pre- certification may result in a penalty.
	Durable medical equipment	20% coinsurance	Not covered	Failure to obtain pre-certification may result in a penalty.
	Hospice services	20% <u>coinsurance</u>	Not covered	Failure to obtain pre-certification may result in a penalty.
lf your child needs dontal	Children's eye exam	Not covered	Not covered	None
If your child needs dental	Children's glasses	Not covered	Not covered	None
or eye care	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

 Adult routine vision exam (i.e., refraction) Child dental check-up Child routine vision exam (i.e., refraction) Child vision glasses 	 Cosmetic Surgery Dental care (adult) Long-term care Weight loss program to these services. This isn't a complete list. Please see your	 Over the counter drugs or supplies Service/supplies above allowed amount or above UCR Service/supplies paid by another plan unde COB Services/supplies that are experimental/investigational
 Acupuncture limitations may apply Bariatric Surgery limitations may apply Chiropractic care limitations may apply 	 Hearing aids limitations may apply Infertility treatment limitations may apply Non-emergency care when traveling outside the U.S. 	 Private-duty nursing limitations may apply Routine foot care limitations may apply

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact: Community Service Society of New York, Community Health Advocates at (888) 614-5400.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-244-6224. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-244-6224.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	re and a
The plan's overall deductible	\$1,650
Specialist coinsurance	20%
Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%
This EXAMPLE event includes servic	es like:
Specialist office visits (prenatal care)	
Childbirth/Delivery Professional Service	es
Childbirth/Delivery Facility Services	
Diagnostic tests (ultrasounds and blood	l work)

<u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$1,650	
<u>Copayments</u>	\$10	
Coinsurance	\$2,200	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,920	

Managing Joe's type 2 Diab (a year of routine in-network care of controlled condition)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,650 20% 20% 20%
This EXAMPLE event includes servic Primary care physician office visits (incl	

<u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing		
Deductibles	\$1,650	
<u>Copayments</u>	\$100	
Coinsurance	\$900	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,670	

Mia's Simple Fracture(in-network emergency room visit and follow up
care)The plan's overall deductible\$1,650Specialist coinsurance20%Hospital (facility) coinsurance20%Other coinsurance20%This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
	1 1

In this example, Mia would pay:

Cost Sharing			
<u>Deductibles</u>	\$1,650		
<u>Copayments</u>	\$10		
Coinsurance	\$300		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,960		

The plan would be responsible for the other costs of these EXAMPLE covered services.

DISCRIMINATION IS AGAINST THE LAW

Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna Nondiscrimination Complaint Coordinator PO Box 188016 Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201 1.800.368.1019, 800.537.7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意:我們可為您免費提供語言協助服務。對於 Cigna 的 現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)

Vietnamese – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

Tagalog – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (ТТҮ: 711).

الحاليين برجاء Cigna برجاء اللنتباه خدمات الترجمة المجانية متاحة لكم لعمال، – Arabic المحاليين برجاء 244.6224 1.800.244.6224 (التصال بالرقم المدون علي ظهر بطاقتكم الشخصية او اتصل ب 214.6224 و05/17 (2000) ماتصل ب 711 - 200 **French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224(TTY: 711)まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

توجه :خدمات کمک زبانی, به صورت رایگان به شما ارائه میشود برای اً با شمار های – (Farsi (Persian , لطفا اینصورت با شمار هCigna که در پشت کارت شناسایی شماست تماس بگیرید در غیر مشتریان فعلی تماس بگیرید (شماره تلفن ویژه ناشنوایان :شماره 711 را 1.800.244.6224