



# Hello benefits



## 365 GET HEALTHY HERE & LIFE365 WELL-BEING PROGRAMS

Walgreens is proud to offer the **365 Get Healthy Here (365GHH) Wellness Program** and **Life365 Employee Assistance Program (EAP)** at no cost to you.

These integrated programs are the foundation of our wellness offerings, and support team members and their covered spouses/domestic partners in leading healthier lifestyles. The following resources are available

24 hours a day, seven days a week, by visiting [walgreens.com/teammember365](https://walgreens.com/teammember365).



### ELIGIBILITY

All team members and their covered spouses/domestic partners are eligible to participate in the **365 Get Healthy Here** program at [walgreens.com/teammember365](https://walgreens.com/teammember365). **Life365** is available to all team members, dependents and other household members. **Note:** online access to the Life365 digital platform is available to team members only. Spouses, domestic partners and household members must access services by calling Life365 at 1.855.777.0078.

### 365 GET HEALTHY HERE

- Earn \$5 in Walgreens Cash rewards for you and your spouse/domestic partner just for registering or logging on to [walgreens.com/TeamMember365](https://walgreens.com/TeamMember365) before Oct. 31.<sup>1,2</sup> New registrants are prompted to sign-in or create a Walgreens.com account.
- Earn additional Walgreens Cash rewards for completing 365GHH healthy activities.
- Participants enrolled in a Walgreens medical plan may qualify for \$0 Rx copays for medications for certain chronic conditions by participating in a healthy activity on [walgreens.com/teammember365](https://walgreens.com/teammember365). Eligible conditions include high cholesterol, coronary artery disease, diabetes, high blood pressure (hypertension), asthma and/or weight loss.
- Obtain tobacco quit support, receive free nicotine replacement gum or patches, and qualify for tobacco surcharge removal. Team members and spouses/domestic partners enrolled in a Walgreens medical plan are eligible to participate. Upon completion of the program within 90 days of plan eligibility, team members can have their Walgreens medical plan tobacco surcharge removed.
- Stream free yoga and fitness classes with **ClassPass**! From boxing to yoga to cycling to gym time, you can stream classes at home or on the go with exclusive access to ClassPass On-Demand (streaming video) and ClassPass Go (audio) products. Finding ways to stay active and healthy has never been easier. Register today on 365 Get Healthy Here, at <https://classpass.com/corporate/united-states/walgreens>, or download the ClassPass app. You'll be asked to enter your credit card, but won't be charged, unless you purchase optional fitness services. Not available to covered spouses/partners at this time.
- Explore **Find Care™** resources.

# LIFE365 EMPLOYEE ASSISTANCE PROGRAM (EAP)

**Life365** is an employee assistance program that offers behavioral health, childcare, legal support and more. Powered by LifeWorks, a third-party EAP administrator, Life365 is available\* to all team members, dependents, and other household members.

This free and confidential program helps manage the everyday demands of your work and personal life. It's a friendly, supportive solution for when you can use a little extra mental, physical, emotional, and well-being help.

- Receive up to five free, confidential face-to-face, virtual or live chat counseling visits with a clinician in your community. Get up to five additional FREE visits for every new issue.
- Free access to **Care Now** digital support and counseling for topics like stress management, divorce/separation, depression (and more), which serves as a convenient alternative to live counseling sessions.
- Acknowledge your Walgreens coworkers' and managers' help, hard work and accomplishments by posting social recognition badges in the Walgreens newsfeed.
- Track personal health goals with an online health questionnaire, healthy challenges and more.
- Unlock special discounts by taking actions to improve well-being.
- Enjoy online access to hundreds of articles, recordings, quizzes, e-books, self-assessments and more.
- Create a customized News Feed with personalized "bite sized" content through the Snackable Well-being feature.
- Research and connect to organizations and agencies in your community to help you address specific needs.

## Send recognition to your Walgreens coworkers and managers!

- Visit [walgreens.com/teammember365](https://www.walgreens.com/teammember365).
- **Sign in** to your primary Walgreens.com account.
- Scroll to the bottom of the page and select the **Visit Life365** button.
- Complete your Life365 registration and select **Give Recognition** at the top of your Life365 news feed.

You'll be prompted to select a team member and choose a badge of recognition. Want to recognize a team member but can't find them in the list? They may not have joined Life365 yet – invite them to do so!

If you have questions about the 365 Get Healthy Here Wellness Program, email [365GetHealthyHere@walgreens.com](mailto:365GetHealthyHere@walgreens.com) or call the support center at **1.877.227.3395**. If you have questions about the Life365 program, review the [Life365 EAP User Guide](#) or call **1.855.777.0078**.

<sup>1</sup> Per Internal Revenue Service (IRS) regulation, the company is required to treat 365 Get Healthy Here Walgreens Cash rewards as a cash equivalent, which is taxable for the participant. It is required that all Walgreens cash rewards Walgreens Cash rewards earned for participation in Walgreens team member benefits programs, such as 365 Get Healthy Here be reported to payroll and taxes be withheld. The tax amount is based on individual tax brackets. If this applies to you, you'll see it on your paycheck. You must be an active team member at the time of Walgreens Cash rewards being deposited to earn this program incentive.

<sup>2</sup> Please allow up to 24 hours for Walgreens Cash rewards to appear in your account.

\* Online access to the Life365 digital platform is available to team members only. Spouses, domestic partners, and household members must access services by calling Life365 at 1.855.777.0078.

Note: Due to existing agreements and/or applicable legal requirements, these benefits may vary, and some of this information may not apply to you or other team members. For union-represented team members, we will follow the terms of the collective bargaining agreement. If any information provided in this communication conflicts with the official benefit plan and policy documents, those official documents and policies will govern.

Attention California residents: The *Evidence of Coverage ("EOC")* for the Life365 Employee Assistance Program (EAP) is posted on the Walgreens HR portal, Ask Walgreens. To request printed copies of the Evidence of Coverage ("EOC"), please contact the Plan by phone at 1-800-234-5154, or postal mail at LifeWorks (California) Ltd., 27715 Jefferson Avenue, Suite 103, Temecula, CA 92590.